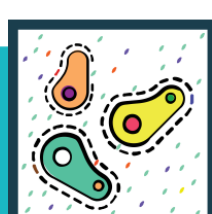


HEP C FREE

CHENNAI 2022 ?

KNOW HEPATITIS - ARE YOU AT RISK?



Hepatitis means diseased liver. It can be due to a viral infection, alcohol abuse or failure of body to recognise its own cells (autoimmune). Common viral hepatitis can be due to Hepatitis A,B,C,D or E.

80,000 people in Chennai are infected with Hep C

Affects over 40 crore people worldwide but anyone is at risk to this global epidemic

HEP A & E
Self limiting. Can present as jaundice. Common in students

HEP B
Can be prevented by vaccine but cannot be cured.

HEP D
Transmitted like HBV and can exist only if the person has HBV

HEP C
Chronic
No jaundice
Causes Cirrhosis
Cancer BUT Curable

95% of those who are infected don't know it!

HEPATITIS A & E

Spread by poor food hygiene, unsafe water and improper sanitation

Common in children and hostels.
Presents with fever and jaundice.

Protect yourself!
Ask your doctor about the Hep A vaccine
Avoid raw meat and eat fresh food
ALWAYS wash your hands with soap and water after using the toilet, changing a baby's nappy and before preparing food and eating

HEPATITIS B, C & D

Spread by blood, semen and other bodily fluids

Speak to your doctor about Hepatitis B vaccine

NEVER share needles, razors and toothbrushes

Use oral medicines instead of injections, whenever possible

Use condoms correctly and consistently

Use only sterile piercings and ask for disposable syringes only

Prevent transmission to your baby

Know Hepatitis - Act Now

Get tested. You are at risk if you..

Receive multiple medicinal injections

Were transfused blood without proper testing

Had dental or surgical treatment in unsterile setup

Abuse injectable drugs

Living with HIV

Undergo dialysis

Know Hepatitis → **CURE!** → Test for HCV antibodies and viral load → Once daily tablet for 3 months → Repeat viral load after 6 months

Test. Treat. Stop Transmission.