

MODELING CAMP DURING TRAINING

Celebration Circle / Opening Circle: Model the experience of camper arrival!

Welcome and Introductions, establishes ground rules, tone of the program; having fun as a group.

Closing Circle: Closure to the day!

Debriefs the day, highlights achievements, learning and keeps participants looking forward to the next day or next program.

Psychosocial Plan: Bringing it Back!

Putting the challenge and choice in the hands of the participants; helping them plan to take, the learning and experience of Camp Rainbow as a psycho social program, back to their own organization for the children they serve.

Program Showcase: Mini Camp Day!

Provides opportunity for those facilitating the activities for campers to showcase their sessions. Provides better understanding of intentional programming, clarifies expectations and clear understanding of each one's roles and responsibilities on Day Camp.

Meal times: Celebrations and Appreciation!

Experience meal times just as they happen during camp- Key meal time procedures, down time games, songs and cheers. Creatively use opportunity for a fun learning experience while eating.

WELCOME & INITIAL STAFF TRAINING

Sharing organisations' children programs: Exploring Experiences and Expertise

Helps get the group onto the same page; understanding the profile of the organizations', with focus on working with children and the participant's key role and responsibilities in working with children.

Goals and Values: Making a positive difference in the lives of special people-CHILDREN!

We are often asked this question? At times, we stop to ask ourselves the same question. What is your goal in working with children? To know where we want to go (Outcomes), we need to know where we come from (our values). Understanding and being clear about our goal, outcomes and values is most important when we seek to see positive changes in our children.

CORE SKILLS BUILDING SESSIONS

Who are our Children we serve?: Celebrating uniqueness!

Knowing names and specific features, makes children feel proud and special. Understanding these features, dispels stereotypes and helps us adapt our program to serve children better.

Intentional Programming: Purposive

Every game is more than just a game! However at its core, it is FUN! Helps children to recover their childhood, restore their hope and renew their sense of possibility.

Caring Adult Relationship: The Power of Role Modeling in achieving our goal

We all have lists; labels that we associate with ourselves. Where do these labels come from? Close your eyes. Think back to yourself as a child and imagine a person who was very important to you. Hear the sound of their voice. What do they look like? What words do they say? Focus on the sensory imagery: Looks Like - Sounds Like...Most important, connect to the emotion that you feel when you are around them.

BEST is the key to our child-centric puzzle!

Think about the children you work with...there are several who you love working with and others who have seemed most challenging. Safety at camp equals safety of all. Children can be encouraged to shed challenging behaviour if we can be child-centered!

Comfort Zones: Safety Bubble!

Feeling a sense of safety allows children to be calm, confident and curious. Combined with choices and opportunities, this creates avenues for challenges and risks they want to take and children experience and grow.

DLP: Super Awards! The power of appreciation!

Changing Labels; giving positive ones; using all opportunities to change the negative label into a positive one. For some it might happen right away; others, it may take time. Make the best of what time is in our hands. This makes a great difference in a child's life. Each camper is important. If you can make sure that change can happen to one camper, we can ensure meeting our Goal...our Outcomes.

Appropriate Touch: Abuse is not tolerated at camp! What is Red? What is Green?

- The magic number at camp is 3! Keeping You and Your campers Safe!
- Be aware and understand the rationale for child protection and safety.
- You are here because you love children and want to make a difference in their lives!

What children want to know (HIV 101) : Open Up the Question Box! Providing a safe space!

Children often seek simple answers to their seemingly complex questions. As adults, we are often riddled with the risk of over informing children, not being aware of how and what to respond.

PREP TIME!

Policies and Procedures: Signing the Camp Rainbow Child Protection Policy!

Reviewing and understanding the core policies and procedures for camper-adult interaction and other rules and regulations for maintaining the key values of camp.

Camp Team Time: Prepping Day Camp!

Preparing materials and activities for Day Camp. Participants can try out new ideas, practice and rehearse. Providing participants with key information on campers; splitting campers into activity groups by age/mixed gender, etc.

STRUCTURED ACTIVITIES!

These are "intentionally structured activities" which include games, skits, arts and crafts, sport, and dances, designed to promote life skills, knowledge about their illness and medication/ therapy adherence and resilience.

LIFE SKILLS

TEAM BUILDING

ARTS & CRAFTS

PERFORMING
ARTS / THEATRE

NATURE /
DISCOVERY

CAMP GAMES, SONGS AND DANCES!

Cheat Sheet! A set of camp games, energizers, ways of getting a group's attention, lining up, splitting large teams into small groups, cheers, praise, downtime games, name games, getting-to-know-you games, team building games, high energy games, etc.

JAI HO!

ICE CREAM
AND CAKE!

KALASALA!

WORLD'S
GREATEST!

BANANAS UNITE!